

Nipawin is Better Together!

Food security supports in your community during the COVID 19 pandemic:

Salvation Army Food Bank-

- **Food Bank will be closed from December 8 until January 5 however, emergency food hampers will be available if needed.**
- Regular hours of operation: Tuesdays 10-11:30 am & Thurs 1:30-3 pm.
- Enter by the back door. There are markings on the floor in the hallway to help maintain physical distance.
- If you have been out of the country or are not feeling well, please stay home.
- Updates will be posted on “Nipawin Salvation Army” Facebook page <https://www.facebook.com/Nipawin-Salvation-Army-942216679208912/>
- **For more information or for emergency food hampers call (306) 862-5335.**

HOW YOU CAN HELP: Monetary Donations are preferred at this time. Cheques can be mailed to P.O. Box 2164 Nipawin, SK S0E 1E0. Also, donate online at www.salvationarmy.ca .

OASIS – is assisting participants with emerging food security needs during COVID 19.

- **Will be closed December 25 and January 1.** Regular hours of operation 9 am- 4:30 pm Monday to Friday. Please phone 306 862-5551 or email nipoasis1@sasktel.net for supports and services.
- Updates will be posted on “Nipawin Oasis Community Centre Co-operative Ltd.” <https://www.facebook.com/nipawinoasis/> “

HOW YOU CAN HELP: Donations are being accepted. Call or email to arrange a drop-off time. Monetary donations are accepted please call to arrange method of payment. Charitable receipts will be issued for monetary donations.

Kids First - is assisting participant families with emerging food security needs during COVID 19.

- Staff will be off from December 24 until Jan 4, 2021
- For anyone wanting to self-refer to Kids First, call or text 306 812- 9210.
- See the Kids First Nipawin Facebook page <https://www.facebook.com/kidsfirst.nipawin/> for news and updates.
- Nipawin and Area Early Years Family Resource Centre is open. For news and updates visit: <https://www.facebook.com/Nipawin-and-Area-Early-Years-Family-Resource-Centre-105325807494833/>

Canada Prenatal Nutrition Program (CPNP) – Due to COVID CPNP community kitchens are not running. Instead pre and postnatal clients receive weekly deliveries of food bags consisting of fruit, cereal and bread. Clients will continue to receive weekly milk and egg coupons. After Christmas CPNP would like to start small group kitchens... so stay tuned.

HOW YOU CAN HELP: Contact Tammy Derkatz 306 920-7552 for more program and referral information.

NORTH EAST OUTREACH & SUPPORT SERVICES (NEOSS) – NEOSS Hours of operation during Christmas holidays:

- Closed December 24 (at noon), 25 & 28 and January 1 2021
- Open December 29, 30 & 31
- Regular hours start January 4, 2021
- The Crisis Line is available everyday 24/7.

NEOSS continues to serve!
Crisis Line 1.800.611.6349
24 hours / 7 days a week

To connect with any services

In Melfort and area call:
Ashley 306.752.6535 M-F 8-4

In Nipawin and area call:
Julie 306.812.7297 Mon/Tue 8-8 and Wed 8-7

If you, or someone you know, is in need of shelter due to a domestic violence situation, please call **306.752.9455** and our staff will be happy to help you.

Office: 306.752.9464 Monday-Friday 8-4

HOW YOU CAN HELP: Follow updates on Facebook “North East Outreach & Support Services” <https://www.facebook.com/NorthEastOutreachandSupportServices/> to learn about new and existing programming including fundraising events. For more information call 306 752-9464.

North East School Division (NESD) - Effective Dec 14th, the NESD continues to observe food security concerns in its families. In the interest of supporting families over the holiday break, Outreach services have identified and are providing food security support to approximately 100 families via food

hampers. Visit NESD website for the **COVID-19 PARENT INFORMATION GUIDE**
[https://www.nesd.ca/Pages/default.aspx#/=](https://www.nesd.ca/Pages/default.aspx#/)

Grocery Store Order and Delivery Options in North East Saskatchewan (Nov 2020) - is a list of grocery stores offering order and delivery options for their customers during COVID 19. The list is available by emailing Kathleen.copeland@saskhealthauthority.ca

211 Saskatchewan – is a free, confidential 24/7/365 province-wide service that connects individuals to resources and services in your community by **phone, text, web chat, or online sk211.ca**

811 HealthLine – If you are experiencing COVID-19 symptoms, call 811 for medical advice.

Please contact the organization if you have questions. Information is current as of December 16 2020.

